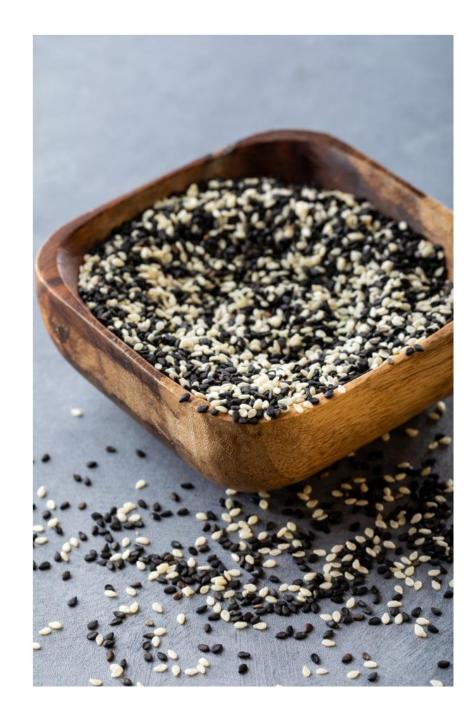


**REAL FOOD** free from artificiality



HEALTH & WELLNESS whole food source of balanced nutrients, that fits with many dietary approaches







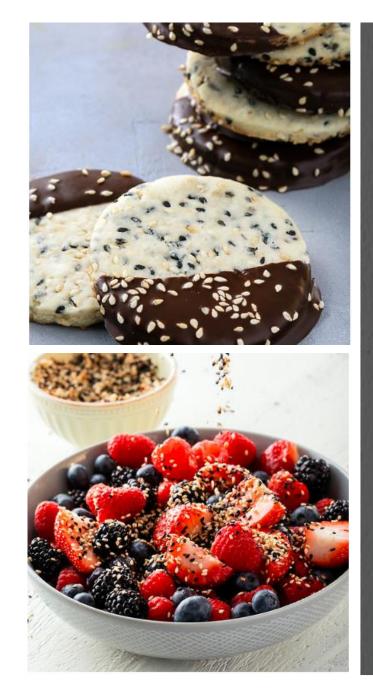


## **BASIL SEEDS**

Flavor Forecast

Basil, like chia seeds, give texture and wholesome goodness to both sweet and savory sips and bites. They add a unique pop to juice drinks, shakes and smoothies.

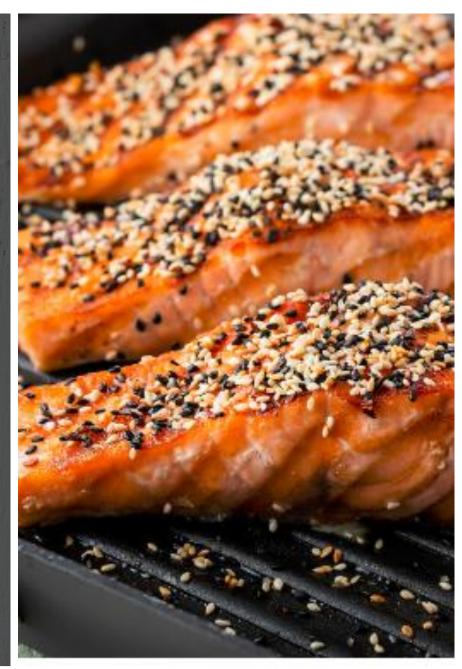




# Forecast

## SESAME SEEDS

Toasted together, black & white sesame seeds add texture, color and a warm, nutty taste. Gomasio, the Japanese seasoning blend, is easy to prep. Sprinkled on everything from fruits and vegetables, to meats and desserts, it's even easier to enjoy.





# Flavor Forecast

## LOTUS SEEDS

Lotus seeds have been a favorite in Asian cuisine that should be embraced around the world. Sub in dried lotus seeds in place of beans in soups and stews for a new taste. When puffed, these crunchy, floral popcorn-like bites can and will shake up your snack routine.







# Forecast

## ANCIENT SEEDS

We have our eye on mustard, coriander, cumin and caraway. Dating back to ancient Roman, Greek and Egyptian civilizations, these seeds are being rediscovered in new ways. Try them whole, cracked, toasted, pickled, seasoned and infused in oil.





Mexican + Vegan! You may have noticed that this amazing duo has suddenly been appearing on menus of restaurants and food halls in major cities across the globe.



INCREASING POPULARITY Mexican cuisines is one of the fastest growing globally



HEALTH & WELLNESS more than ever, people are eating more plant-based meals



FLAVOR FUSION the perfect pairing for flavor exploration







Flavor Forecast

## VEGAN MEXICAN: Street Food

The vibrant streets and food halls are alive with vendors offering small, fulfilling Mexican Vegan bites, called antijitos – portable, inexpensive, customizable snacks with layers of flavor.

Click images for recipes



**Guajillo Plum & Peanut Sauce** 



#### Cauliflower Queso



### VEGAN MEXICAN: Techniques

With the just-right combination of spices, chilies and simple cooking techniques, vegan ingredients can be the star of any Mexican-inspired dish in your kitchen.







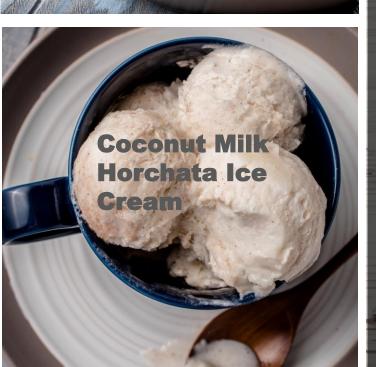
**Coconut Milk** 

### VEGAN MEXICAN: Desserts

Flavor Forecast

Dessert is non-negotiable. And just because you've ditched the dairy, doesn't mean you can't have that creamy, rich texture and flavor of many traditional Mexican treats.

#### Alternative Milk 'Tres Leche' Cake



Chili Spiced Watermelon Rosé Granita



## Craft Cocktails on the Lighter Side

Give your craft cocktails the big chill and enjoy shaved ice drinks with all the flavor and experience, served up low or no-alcohol style. Bold, concentrated flavors from fresh fruit syrups, bitters, sours and spices guarantee they won't get diluted as the ice melts. Sip, slurp, spoon and repeat. Blueberry Vanilla "Lemonade" Shaved Ice Mocktail

Grapefruit Basil Kombucha Mocktail with Butterfly Pea Flower Shaved Ice Mini Frozen Thai Lime Pies

# Flavor Forecast

Mango Lassi Bars

Masala Chaas

## A New Creamy Cool

Move over milkshakes. There are some new creamy creations in town - inspired by subtropical regions, like India and Thailand. Meet the buttermilk masala chaas drink, frozen kaffir lime pie and mango lassi bites with coconut cream. Featuring both dairy and plant-based ingredients, they're the coolest delights around. Pineapple Carrot "Cake" Shaved Ice

> Cucumber Celery Slushie

Roasted Beet & Feta Yogurt Parfait



Nourishing Treats

Indulge yourself with sweet and savory pops, slushies and mousse that spotlight the goodness of veggies with delectable taste from ingredients like mint, dill, ginger, cinnamon, blackberries and pineapple. They'll leave you feeling cooled, energized and ready for whatever the hot days bring your way. Blackberry Sweet Potato Ice Pops





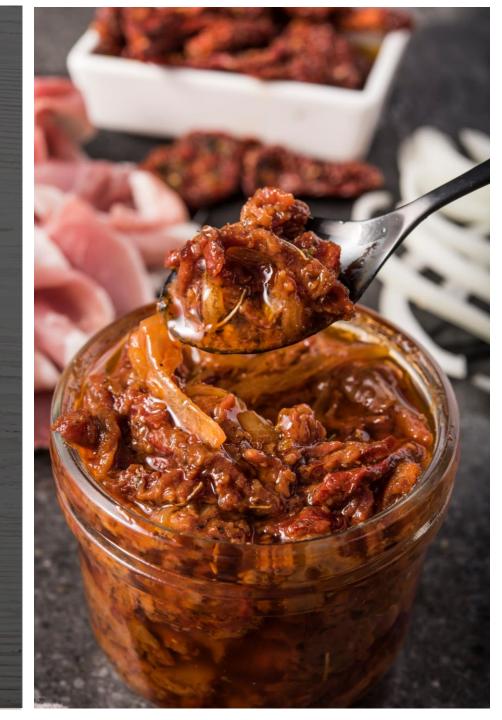




## SAUCED & SPICED

### **XO Sauce**

This umami-packed condiment is the whole package - savory, smoky, sweet, spicy and salty - thanks to key ingredients like dried shrimp, cured ham, chilies, onion, oil and more.









**Roasted Vegetable Suya-Spiced Flatbread** 

# Flavor Forecast

## **Suya Spice**

Suya is a spicy meat skewer which is a popular food in West Africa. Generally made with ginger, hot chili powder and ground roasted peanuts, suya brings a nuttiness and medium heat level to the table.





# Flavor Forecast

## Gunpowder Spice (Milagai Podi)

Its official name is Milagai Podi, which translates to chili powder. However, Gunpowder Spice is the name most commonly used by south Indian food fans. It's a dry condiment made from smoothly ground roasted dal (lentils), sesame seeds, chilies, cumin, coriander, and other spices.



